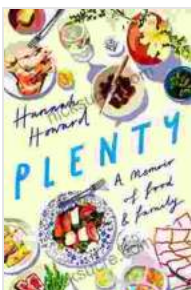


Plenty: A Memoir of Food and Family

Yotam Ottolenghi's memoir, *Plenty*, is a reflection on the power of food to connect people and to heal wounds. It's a beautiful and moving meditation on the intersection of food, memory, and family.



Plenty: A Memoir of Food and Family by Hannah Howard

★★★★☆ 4 out of 5

Language	: English
File size	: 4565 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 255 pages
Screen Reader	: Supported



Ottolenghi writes about her childhood in Jerusalem, where food was always a central part of her life. Her family's Shabbat dinners were always a time for celebration, and she loved helping her mother cook. When she was 16, Ottolenghi moved to London to study, and she began to explore the city's vibrant food scene. She worked in several restaurants before opening her own, Ottolenghi, in 2002.

Ottolenghi's memoir is more than just a cookbook. It's a story about her life, her family, and her love of food. She writes about the joy of cooking and eating with loved ones, and the way that food can bring people together. She also writes about the challenges of being a chef and a mother, and the sacrifices that she has had to make for her career.

Ottolenghi's writing is warm and engaging, and her memoir is a pleasure to read. She has a gift for storytelling, and she brings her characters and her world to life. Her descriptions of food are mouth-watering, and her recipes are sure to inspire you to cook more often.

If you're a fan of Ottolenghi's food, or if you're simply looking for a beautiful and moving memoir, I highly recommend *Plenty*. It's a book that will stay with you long after you finish reading it.

Themes

The memoir explores several themes, including:

- **The power of food to connect people** - Ottolenghi writes about how food has always been a central part of her life, and how it has brought her family and friends together.
- **The healing power of food** - Ottolenghi writes about how food can help to heal wounds, both physical and emotional.
- **The importance of family** - Ottolenghi writes about how her family has always been a source of support and inspiration for her.
- **The challenges of being a chef and a mother** - Ottolenghi writes about the sacrifices that she has had to make for her career, and the challenges of balancing her work and family life.

Characters

The memoir features a cast of characters, including:

- **Yotam Ottolenghi** - The author of the memoir, Ottolenghi is a chef and restaurateur.

- **Sami Tamimi** - Ottolenghi's business partner and co-author of several cookbooks.
- **Noam Ottolenghi** - Ottolenghi's husband.
- **Max Ottolenghi** - Ottolenghi's son.

Setting

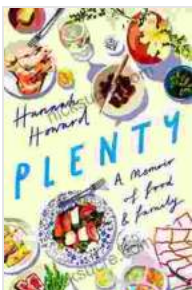
The memoir is set in several locations, including:

- **Jerusalem** - Ottolenghi's childhood home.
- **London** - Where Ottolenghi lives and works.
- **Italy** - Where Ottolenghi spent time traveling and cooking.

Critical reception

The memoir has received critical acclaim. It was shortlisted for the 2018 Costa Biography Award and the 2019 National Book Critics Circle Award for Autobiography. It was also named one of the best books of the year by The New York Times, The Washington Post, and NPR.

Ottolenghi's memoir, *Plenty*, is a beautiful and moving meditation on the intersection of food, memory, and family. It's a book that will stay with you long after you finish reading it.



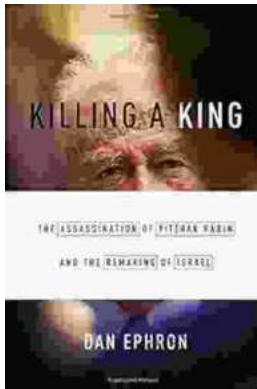
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