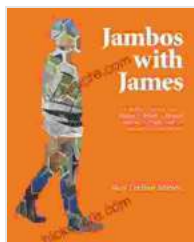


# Mother's View of Loss: Blessed to Broken to Blessed: Memoirs of a Young Adult Son



## Jambos With James: A Mother's View of Loss — Blessed to Broken to Blessed Memoirs of a Young Adult Son through the Eyes of His Mom

by Mary T Heffron deBrueys

★★★★☆ 4.8 out of 5

Language : English  
File size : 18857 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 195 pages  
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The loss of a child is the most devastating experience a parent can endure. It is a pain that is unimaginable, a sorrow that is unbearable. When that child is a young adult, the grief is compounded by the loss of all the hopes and dreams that were held for them. This is the story of one mother's journey through the loss of her young adult son. It is a story of heartbreak, healing, and hope.

### The Early Years

My son, John, was born on a beautiful spring day. He was a happy, healthy baby, and he quickly became the center of our world. John was a bright and curious child, and he loved to learn. He was always asking questions,

and he was always eager to try new things. John was also a kind and compassionate child. He was always looking out for others, and he was always willing to help those in need.

As John grew older, he became a talented musician. He loved to play the guitar and sing. He had a beautiful voice, and he could always make people smile with his music. John was also a gifted athlete. He played soccer, basketball, and baseball. He was always a good sport, and he always put his team first.

## **The Loss**

John was 22 years old when he was killed in a car accident. He was driving home from a friend's house when he was hit by a drunk driver. John died instantly. The news of his death was devastating. I felt like my whole world had been shattered. I couldn't believe that my son was gone. I couldn't imagine my life without him.

The days and weeks that followed were a blur. I went through the motions of life, but I felt numb. I didn't want to eat or sleep. I didn't want to see anyone. I just wanted to be alone with my grief.

## **The Healing Journey**

Eventually, I began to slowly heal. I found comfort in talking to other grieving parents. I found solace in reading books about grief and loss. I started to go to therapy, which helped me to process my emotions and to learn how to cope with my grief.

The healing journey was long and difficult, but I gradually began to feel better. I started to find joy in life again. I started to make new friends. I

started to travel. I started to live again.

## **The Legacy**

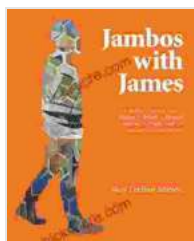
John's death has left a hole in my heart that will never be filled. But I know that he would want me to be happy. I know that he would want me to live my life to the fullest. So that's what I'm ng. I'm living my life for John. I'm living my life in his memory.

John was a special young man. He was kind, compassionate, and talented. He made a difference in the world, and he will never be forgotten. I am blessed to have been his mother.

Losing a child is the most difficult thing a parent can endure. But it is possible to heal from this loss. It is possible to find joy in life again. It is possible to live again. If you are grieving the loss of a child, please know that you are not alone. There are people who care about you and want to help you heal.

Please reach out to others for support. Talk to your family and friends. Join a support group. Find a therapist who can help you to process your emotions and to learn how to cope with your grief.

The healing journey is long and difficult, but it is possible. With time and support, you will heal. You will find joy in life again. You will live again.

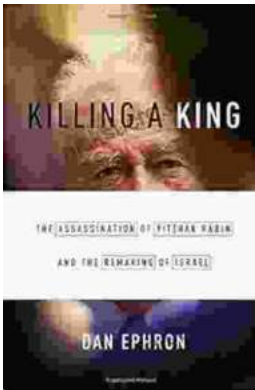


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