

How the Flexible Work Economy Can Improve Our Lives and Our Cities



Going Remote: How the Flexible Work Economy Can Improve Our Lives and Our Cities by Matthew E. Kahn

★★★★★ 5 out of 5

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The flexible work economy is on the rise, and it has the potential to improve our lives and our cities in a number of ways.

For example, it can help us to:

- Reduce traffic congestion
- Improve air quality
- Save money on office space
- Give us more time to spend with our families and friends
- Pursue our hobbies and interests

In this article, we will explore the benefits of the flexible work economy in more detail, and discuss how it can make our lives and our cities better.

Reduce traffic congestion

One of the biggest benefits of the flexible work economy is that it can help to reduce traffic congestion. When people are able to work from home or other remote locations, they don't have to commute to and from work every day. This can save them a lot of time and money, and it can also help to reduce traffic congestion on our roads.

According to a study by the Texas Transportation Institute, traffic congestion costs the U.S. economy \$160 billion per year. This cost is due to lost productivity, wasted fuel, and increased pollution. By reducing traffic congestion, the flexible work economy can help to save money and improve our quality of life.

Improve air quality

Another benefit of the flexible work economy is that it can help to improve air quality. When people don't have to commute to and from work, they are producing less pollution. This can help to improve air quality in our cities, which can lead to a number of health benefits.

Air pollution has been linked to a number of health problems, including asthma, heart disease, and cancer. By reducing air pollution, the flexible work economy can help to improve our health and well-being.

Save money on office space

For businesses, the flexible work economy can save money on office space. When employees are able to work from home or other remote

locations, businesses don't need to provide them with as much office space. This can save businesses a lot of money on rent, utilities, and other expenses.

According to a study by Global Workplace Analytics, businesses can save an average of \$11,000 per year per employee who works from home. This is a significant savings that can help businesses to improve their bottom line.

Give us more time to spend with our families and friends

One of the best benefits of the flexible work economy is that it can give us more time to spend with our families and friends. When we don't have to commute to and from work, we have more time to do the things we love. This can help us to improve our relationships with our loved ones and live a more fulfilling life.

According to a study by the Families and Work Institute, employees who work from home spend an average of 2.5 more hours per week with their families. This is a significant amount of time that can be used to build stronger relationships and create lasting memories.

Pursue our hobbies and interests

The flexible work economy can also give us more time to pursue our hobbies and interests. When we don't have to spend hours commuting to and from work, we have more time to do the things we enjoy. This can help us to live a more well-rounded and fulfilling life.

According to a study by the American Time Use Survey, people who work from home spend an average of 1.5 more hours per week on hobbies and

interests. This is a significant amount of time that can be used to learn new skills, pursue creative endeavors, or simply relax and enjoy ourselves.

The flexible work economy has the potential to improve our lives and our cities in a number of ways. By reducing traffic congestion, improving air quality, saving money on office space, giving us more time to spend with our families and friends, and pursuing our hobbies and interests, the flexible work economy can help us to live happier and more fulfilling lives.

As the flexible work economy continues to grow, it is important to be aware of the benefits that it can offer. By embracing the flexible work economy, we can make our lives and our cities better.

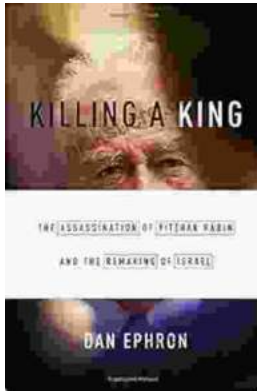


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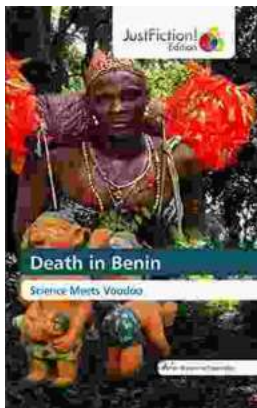
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